



# **ENERGY COAST UNIVERSITY TECHNICAL COLLEGE**

## **LONE WORKING POLICY 2018-2021**

**Approved:**

**Signed:**

**Date:**

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**Revision History:**

<b>Revision History</b>			
<b>Revision</b>	<b>Date</b>	<b>Owner</b>	<b>Summary of Changes</b>
1	July 2017	TJ	New
2	February 2017	MR	Rewritten
3	July 2018	MR	
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## Introduction

The Energy Coast UTC and its Governing Body have a legal duty to ensure the health, safety and welfare of its employees while they are at work. At any given time there are numbers of employees who are working alone, whether as a substantial part of their working life or on an occasional basis. The Governing Body have a responsibility to assess the risks to lone workers and take steps to avoid or control the risks where necessary; and the employees have responsibilities to take reasonable care of themselves and others in lone working situations. Lone working is not inherently unsafe and proper precautions can reduce the risks associated with working alone.

## Purpose

The aim of this policy is to outline the Governing Body's responsibilities towards staff working alone by: □

Defining what 'lone working' is

- Taking action to reduce risk to lone workers
- Ensuring that all employees are aware of their responsibility to use necessary guidance to assist lone workers

## Scope

This policy applies to all employees, including temporary workers and those employed on a casual basis.

## Definition

The Health and Safety Executive (HSE) defines lone workers as those 'who work by themselves without close or direct supervision'. They may include:

- People working separately from others in a building
- People who work outside 'normal' hours
- People who work away from their fixed base without colleagues, e.g. visiting people in their homes
- People who work at home

The definition can cover employees in situations with varying degrees and types of risk. It is important to identify the hazards of the work and assess the risks involved before applying appropriate measures. This policy will refer to high risk and low risk activities.

Some employees may spend most of their working lives with others but find themselves working alone occasionally, for example, when working late. Others will work alone on a daily basis. This policy will refer to frequent lone workers and occasional lone workers.

## Potential hazards of lone working

People who work alone will of course face the same risks in their work as others doing similar tasks. However, additionally they may encounter the following:

- Accidents or sudden illnesses may happen when there is no-one to summon help or first aid □  
Violence or the threat of violence
- Fire
- Attempting tasks which cannot safely be done by one person alone, e.g. heavy lifting, or use of certain equipment
- Lack of a safe way in or out of a building (e.g. danger of being accidentally locked in)
- Steps can be taken to reduce the risks of these events

The perception of these hazards or the actual risks may be different for different people. For example the inexperience or your works may underestimate the risks of an activity; some workers may feel particularly vulnerable to violence away from the workplace or after dark; or a medical condition may make it unsafe for an individual to work alone.

If there are lone workers within an area the manager must take appropriate steps to reduce the risk, particularly for frequent lone workers or lone workers engaged in high-risk activities. They should consider:

- Does the workplace present any special risk to a lone worker?
- Can all the equipment, substances and goods used on the premises be safely handled by one person? Is any manual handling involved safe for a single person?
- Is there a risk of violence or the threat of violence? Is the nature of a visit or the person being visited likely to increase the risk? Will the employee be alone in a dark or remote location?

### **Supervision**

Lone workers are by definition not under constant supervision. However, line-managers can ensure that the employees understand the risks associated with their work and the relevant safety precautions. They can put into place arrangements for the individual to contact a line-manager if they need additional guidance. Occasional site visits may be appropriate, particularly if there are high-risk activities. Employees new to a job or undergoing training may need to be accompanied initially. Regular contact by phone may be appropriate.

### **Checking system**

All out of hours lone working staff should establish their own checking in and out system with either family, friends, or work colleagues. It is advised that lone workers provide a relative or friend with a telephone contact number (e.g. Line Manager's) to call if the lone worker fails to return home at the expected time.

### **Reporting back**

A system should be in place to ensure that a lone worker returns to their base or their home at the completion of a task away from the normal workplace. For high risk or frequent lone workers the Site Manager may stipulate that the employee must inform him/her of their whereabouts and the expected duration of the visit so that if the employee has not reported in or cancelled the call by the expected hour, a call will automatically be triggered to check the employee is safe.

For occasional lone workers or low risk lone workers, they should inform a colleague where they are going and when they are expected back; arranging to ring the office at the conclusion of the visit or call; issuing a mobile phone number to allow a contact call to be made if the employees return is overdue. Use of diary systems or notice boards to indicate whereabouts can form part of this system. All employees involved share a responsibility to maintain such informal systems for safe lone working.

The school should also consider the members of staff who meet with visitors on a one to one basis on the school premises. Whilst they are not alone in the building, they may be alone with the visitor in a place where other colleagues cannot see them. The school should consider systems for ensuring that they have emerged safely from such a meeting and systems for raising an alarm if necessary.

### **Accidents and Emergencies**

Lone workers should be capable of responding correctly to emergencies. This should include being made aware of special arrangements for out of hours incidents. First aid may be available from school staff, or it may be prudent for an individual frequently working away from the base to carry a basic first aid kit if there is a foreseeable risk of injury. It is also necessary for employees working alone in a building or part of a building to let the Human Resources Director know they are there, so they can be accounted for in case of fire.

## **Medical conditions**

Staff should not work alone if they have medical conditions that might cause incapacity or unconsciousness.

## **Intruder**

Staff should not enter the school premises if there are signs of intruders but are advised to immediately contact the police.

## **Violence at work**

Employees who undertake home visits must use a system to reduce the risk of violence by not visiting alone or meeting in another location. The risk of violence may not be directly related to a particular property. It may be associated with the environmental issues like working alone outside after dark, or a situation may arise where there was no previous history of incidents. Employees likely to be lone workers in such situations should be trained in dealing with difficult people, in ways to recognise a risk and in behaviour which may reduce the risk (up to and including terminating the visit). All incidents of violence must be reported.

## **Pupils Lone Working**

The Teacher in charge of the Lone Worker should ensure that the pupil understands the risks associated with lone working and the relevant safety precautions. The Teacher should ensure that they check on the Lone Worker at least every hour and more frequently if necessary. Pupils should be informed that if the fire alarm sounds they should leave the building by the nearest fire exit and not return to the Teacher.

## **Conclusion**

The school must ensure that they have not only introduced measures to reduce any risk but must also ensure that they have communicated their expectations to lone workers and trained them appropriately. All employees, including lone workers, are responsible for following safe systems of work and all employees can take simple steps to reduce the risks associated with their normal working life.